



South Carolina Pediatric Alliance Welcomes Katie Brave, LPC

Licensed Professional Counselor Brings Extensive Experience Supporting Children, Teens, and Families to SCPA

The [South Carolina Pediatric Alliance](#) (SCPA) announces the addition of Katie Brave, LPC, to its team. A Licensed Professional Counselor in South Carolina, Ms. Brave brings extensive experience supporting children, teens and families through mental health challenges, with a focus on compassionate, family-centered care.

Ms. Brave earned her Master's Degree in Clinical Mental Health Counseling from [Columbia International University](#) and her bachelor's degree in criminal justice from [The University of South Carolina](#). She provides psychotherapy utilizing cognitive behavioral and family systems counseling theories and works with women, children and teens.

Her areas of focus include depression, anxiety, relational issues, self-esteem, crisis management and coping skills. She has extensive experience supporting children and families, including serving as a school mental health counselor in [Lexington Two School District](#) where she worked with students from elementary through high school. Ms. Brave has also worked as a Mental Health Consultant with [GLEAMNS Head Start](#) providing behavioral support to students, staff and parents. For the past five years, she has volunteered with the [Miss South Carolina Organization](#), helping delegates with their overall wellness.

"We are excited to welcome Katie to the South Carolina Pediatric Alliance," stated Dr. Alicia McFarland, Chief Medical Officer of the South Carolina Pediatric Alliance. "Her experience working with children, teens and families, along with her compassionate approach to mental health care, makes her a valuable addition to our team. Katie understands the importance of creating a supportive environment where children and families feel heard, understood and equipped with the tools they need to thrive."

Outside of her professional work, Brave has been married for 22 years and is the mother of three girls. She enjoys reading, crafting, spa days, girls' trips and spending time on Lake Murray with her husband during the warmer months.

About the SCPA: In 2015 the pediatricians with Sandhills Pediatrics and Palmetto Pediatrics, two of the largest independent pediatric organizations in South Carolina, joined forces to form what is now the South Carolina Pediatric Alliance (SCPA). The SCPA is a forward-thinking organization, building on decades of trusted care while embracing convenience and innovation to ensure long-term success and growth. To learn more, visit [SCPediatricAlliance.com](#) or follow us on [Facebook](#) and [Instagram](#).